SABBATHS

- 1. Salvation is described in terms of rest, Matthew 11:28. The rest is the rest of eternal life. You rest from works for salvation and trust in Christ alone for your salvation.
 - A. Sabbath means tranquility or rest.
- 2. The land of Canaan represents a "type" of greater grace life. Hebrews 3:11.
 - A. Maximum use of faith-rest with doctrine is the resting life.
 - B. Greater grace is utilizing doctrine daily in pressure situations.
 - C. Rest was provided for the Jews in Hebrews 4:3 from eternity past, but they rejected it and relied upon their interpretations of the Mosaic Law through their rabbinical writings. See "Rebellion; Characteristics of Religious Rebellion".
- 3. The Sabbath rest of Genesis 2:2-3.
 - A. SHABATH is the Hebrew means to rest, relax.
 - B. God rested on the 7th day after the recreation of the earth. God had provided everything for mankind; God rested in His total provision of grace. He did not need to rest because He was not tired. This is a different type of rest. God rested in His grace provision for mankind.
- 4. The Sabbath of Israel was every Saturday, Exodus 16:23-29.
 - A. The Jews could work for six days, but had to rest on the 7th day.
 - B. It benefited them physically to rest for one day, and it benefited them spiritually for it reminded them they could not work for their salvation, or for blessing from God.
 - C. It taught them that God has provided everything for them through grace.
- 5. The Sabbatical year of Israel was a teaching aid, Exodus 23:10-11, Leviticus 25:3-4. Every seven years the Jews were to take a year's vacation.
 - A. If they lived according to God's Word, then they had prosperity and

capacity to live a year without working and enjoying themselves.

- B. This was designed to show them what the greater grace life was all about.
- C. If they had not entered into the greater grace life then they did not enjoy the year off. They were not prepared so they were constantly upset, worried, and bored due to reversionism.
- D. The Word of God in your soul gives you the capacity to enjoy time off, vacations, and times of rest from your routine.
- E. The Jews missed 70 Sabbatical years over a period of 490 years so God took them out of the land for 70 years until they made them up. God made Israel a slave to Babylon for 70 years, 2 Chronicles 36:20-21; Daniel 9:2; Jeremiah 25:11-12, 29:10.
- 6. Illustrations of the faith-rest life in the Old Testament:
 - Abraham in Romans 4:17-21
 - Moses, Exodus 14:10-14
 - Bones of Joseph, Hebrews 11:22
 - Caleb and the giants, Numbers 13 and 14
 - Joshua, in Joshua 14:6-14; 15:14